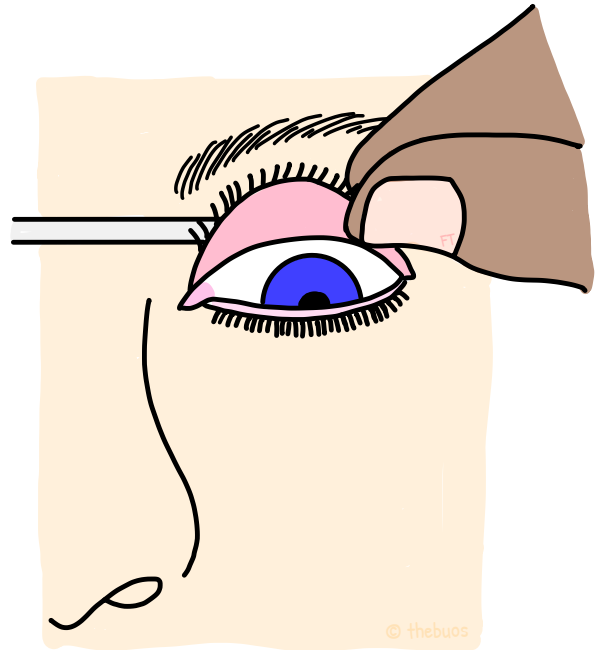
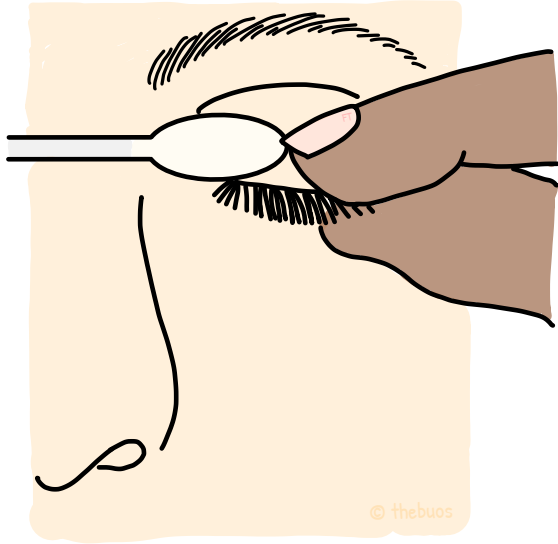


# Everting the Upper Eyelid

• DR FARIHAH TARIQ •



## Indications

- ✓ Remove a foreign body
- ✓ Lost contact lens
- ✓ Examination of the superior tarsal conjunctiva

## Contraindications

- ✗ Penetrating eye injury
- ✗ Corneal thinning

1. Instill a drop of local anaesthetic.
2. Ask the patient to look down with both eyes and relax.
3. Place the cotton bud on the mid-portion of the upper eyelid.
4. With the other hand, gently grasp the eyelashes between the thumb and index finger, and evert the upper eyelid using the cotton bud as a fulcrum, exposing the upper tarsal conjunctiva.
5. To remove a corneal foreign body, use a wet cotton bud or the tip of a needle if the foreign body is embedded within the conjunctiva.
6. Ask the patient to look up or blink to allow the eyelid to return to its normal position.